

Fit To Flatter Supply List

With Lindsey Rae of Sew To Grow

Itinerary:

Day 1-

The students will be measuring, tracing, cutting, making a muslin, re-adjusting patterns and cutting out their fabrics.

We will need lots of tables and space for tracing and cutting before lunch.

After Lunch, students will begin to sew their muslin together.

Day 2 -

The students will all leave with their finished garments. They will need overlockers/serger set up to use or ones from home on this day.

2-3 Irons set up and tables for machines.

(You may also want to set up overlockers as this could be a selling opportunity for those thinking about getting or upgrading their overlocker)

Sewing Feet Required:

For the Sweet Summertime Dress: invisible zipper foot

Optional feet: Edge stitching foot, A.K.A. Left edge topstitch foot

Materials to Order:

- Cheap calico/solid fabric for making samples: 2yd/m if making kits

- Tracing interfacing: 2 Yd/M I like to use a light weight/ non fusible interfacing. Its called Vilene, Pattern Ease, Grid/Dot paper.

Its NOT actual Tissue paper.

- Glass Head Pins and Flower Head Pins. Flower Head Pins are used/sold the most.

- Fashion Multi Tool designed by Sew To Grow.

Used the majority of the time in class, however the long French Curve is also needed for hip and waist curves. Please have both on hand.

- French Curve: Have a few of these on hand to sell in addition to the Multi Tool.

Nearly ever single student ends up purchasing both tools so I encourage you strongly to have plenty there to sell.

- A water soluble or erasable marking pen: Sewline chalk pencils, and styla pens.

- Tape Measure and or my Self Measuring Tapes

- Seam Gauge (Optional if they are purchasing Multi Tool)

- 9" invisible zipper for Sweet Summertime Dress

- premade bias binding (Optional) We will make some in class.

- Pre-Order your patterns needed for class ahead of time.

Im not always able to bring stock with me.

- Fusible Seam Tape. Can be ordered through me or Palmer Pletch has a great product for knits and wovens. This item sells very well.

(Optional. Used to stabilize neck and bias edges. Fusible on ONLY one side)

- Flatter or Best Press

- Pressing Ham

- Quilters doublesided tape. (for inserting invisible zippers)

